

## **EBA Participation Guidelines & Procedure**

### **Approved at 2/18/2018 Board Meeting**

To promote player safety, all players who are playing on multiple teams or have conflicting obligations in the same season will be required to communicate these commitments to the head coach prior as soon as you know of the commitment. This applies to all EBA player-pitch teams (AA, 10U, 12U, and 14U).

### **Why is this important?**

While no player is prohibited from playing on an EBA team at any level because they choose to play travel baseball, proactive communication with the coach is required. As soon as you know your practice & game schedules, highlight any conflicts of games and practices coaches can set pitching/playing rotations. While 1 week advanced notice is required, we ask that you communicate as soon as your schedules are made available.

Arm care is also very important to the EBA and we want parents and players to understand the steps needed to ensure safety. To achieve this goal, EBA pitching opportunities may be missed to avoid overuse of a player's throwing arm. Players and/or parents are required to report pitch counts to the head coach. The EBA head coach will use the league's age appropriate pitching rules to determine the required days of rest.

Like you, we also want each team to be successful and safe. We believe the increase in communication and expectations will benefit the players, parents, and the EBA.

If you have any questions, please contact Len Embiscuso via email @ [len@fitnessbrokersusa.com](mailto:len@fitnessbrokersusa.com).